The first thoracic dorsal spinal rami run posteriorly, adjacent to the zygapophyseal joints between T1 and T2 and divide into medial and lateral branches.

The medial branches emerge between the joints and the medial edges of the superior costotransverse ligaments and the intertransversarii muscles, to pass between the semispinalis thoracis and multifidus muscles to reach the spinous processes of T1 and T2. Here they pierce the rhomboideus and trapezius muscles to terminate in the overlying skin.

Supply

The medial branches of the first thoracic dorsal spinal rami supply the semispinalis thoracis and multifidus muscles and the skin overlying the first and second thoracic spinous processes.